



# **YMCA OF BOULDER VALLEY**

## **LEADERS IN TRAINING PROGRAM ~2010~**

Application  
Due Friday, April 16th

LIT Program Requirements  
YMCA Leadership Progression  
Applicant Contact Information  
LIT Application

**YTEENS**<sup>TM</sup>

We build strong kids, strong families, strong communities.



## **LEADER IN TRAINING (LIT) PROGRAM REQUIREMENTS**

Teens entering 8th through 12th grades are eligible to apply for the LIT Program, an intensive two-week training that includes games, activities, First Aid, CPR, and team-building exercises. Teens are accepted based on their desire and ability to interact with younger children at the YMCA Camps and FIS (Fun in The Sun) sites. They are also selected for their leadership potential and maturity.

Only a limited amount of applicants each year are selected for the LIT Program. Applicants will be approved after their application is received and a personal interview is conducted. Program materials and registration forms are sent upon acceptance. Please do not send money with your application.

Much thought and effort has gone into the Leadership Development Program; it is not for everyone. It is designed for students who have an interest in working with younger children and have a desire to be in leadership roles. The LIT Program is a great opportunity to learn new skills and help teens prepare for future employment and other responsibilities. Teens may apply for employment as Program Aides at the age of sixteen at most YMCA camps.

### **LIT MINIMUM QUALIFICATIONS:**

- Applicant is entering 8th-12th grade.
- Applicant must complete and return the LIT application no later than **Friday, April 16th**.
- Applicant must provide two references from two adults (adults may not be a relative of the applicant).
- Applicant is required to attend a scheduled interview.

### **LIT RESPONSIBILITIES:**

Participant attends all program dates and completes all requirements to the best of his/her abilities. Leads activities with peers and younger children.

Actively and positively participates in all activities and lessons with the group.

Shows responsibility, maturity, and communicates with the group and director during the program.

Must enjoy working with children, have a positive attitude, and be willing to learn.

Must be a positive ambassador of the YMCA at ALL times.

Must complete a minimum of 3 weeks at Camp Chief Niwot, Arapahoe Sports Camp, or Fun in the Sun site.

Signs and follows the Jr. Leader Code of Conduct

Records work hours daily on a timesheet and turns in the fully legible timesheet to the Camp Director on a weekly basis.

Wears assigned YMCA I.D. Tag while volunteering (replacement tags are \$5).

Maintains a positive and enthusiastic attitude.

Challenges him/herself to try new activities, songs, games, and public speaking.

Models the four core values of the YMCA: Caring, Honesty, Respect and Responsibility.

**It is very important to understand that LIT applicants need to be mature and responsible enough to take on the application process, the two-week course, as well as the following weeks at YMCA Camps and FIS sites. We understand it is a large commitment and urge applicants to seriously consider if they are ready. It is not the parents' role to take these responsibilities on for LIT candidates. Parents provide essential support to the teens but we do expect applicants to take on this primary role as part of their leadership development.**

**PLEASE KEEP THIS PAGE FOR YOUR REFERENCE**



Dear Applicant and Parent,

Thank you for considering the YMCA's Leaders-In-Training Program! Please read the attached program requirements before you complete your application. The YMCA also offers these other great opportunities for teens:

**Teen Leaders Club**

Do you want to make a positive difference in your community and have a great time doing it? Become a member of the YMCA's Teen Leaders Club! The YMCA Teen Leaders Club meets weekly to work on a variety of activities and events for teens in Boulder County. This group produces the haunted house at the annual YMCA Halloween Party. Teen Leaders collaborate with area youth groups to provide special events and participate in service projects throughout the school year.

Contact Stephanie Kujawski at 303-443-4474 x4605 or [Stephanie.Kujawski@ymcabv.org](mailto:Stephanie.Kujawski@ymcabv.org)

**BreakThrough Arts Teen Advisory Board (T.A.B.)**

The BreakThrough Arts T.A.B. provides support for the BTA classes throughout the school year. Members have input on what classes are offered each semester, work in their schools to promote BTA classes and organize the end of semester celebrations. In addition to this, t.a.b. members organize and produce the teen area at the annual Boulder Creek Festival on Memorial Day Weekend. This area has an art tent that showcases some of the best teen art in the area, a festival of teen bands, non-profit groups that support teens with information on health, depression, suicide prevention, healthy body image, etc.

Contact Jess England at 303-443-4474 x4650 or [Jessica.england@ymcabv.org](mailto:Jessica.england@ymcabv.org)

**BreakThrough Arts Dance Crew**

Students who are a part of the YMCA Breakthrough Arts dance crew come from all over the Boulder Valley School District and range in age from 13 -18 years. The Crew practices every Saturday morning, at the Mapleton YMCA, from 10:15 a.m. -11:30 a.m. and can be seen performing hip hop dance numbers throughout the Boulder Community.

Contact Kim Dobbins at 303-443-4474 x4651 or [kim.dobbins@ymcabv.org](mailto:kim.dobbins@ymcabv.org)

**Boulder Skate Team**

The Boulder Skate Team is a free program for skateboarders in grades 6-12. The BST meets at 4 PM, every Tuesday, at the Boulder Skatepark to skate. We help organize local competitions, perform demos, teach skate clinics and promote the Boulder skate scene. Service opportunities are offered twice each month at skate parks through out the metro area. Trips to visit other great Colorado skateparks are also offered on Saturdays. There is a fee to cover transportation on these trips. Members are required to maintain a C average at school, perform skate-related community service, demonstrate YMCA values and wear a helmet while skating.

Contact Ric Widenor at (303) 443-4474 ext. 4615 or [ric.widenor@ymcabv.org](mailto:ric.widenor@ymcabv.org)

**Y-Riders**

The Y-Riders program is dedicated to supporting cyclists of all ages in achieving their potential and goals. Y-Riders strives to produce honest, responsible, respectful and caring riders of all ability levels and in every aspect of cycling: for fitness, fun, recreation, competition and alternative transportation. This group organizes the Y entry in the Lights of December Parade, volunteers in the Learn to Bike classes and provides other cycling related service opportunities.

Contact George Sharman at 303-443-4474 x4614 or [george.sharman@ymcabv.org](mailto:george.sharman@ymcabv.org)

**Thanks for choosing the YMCA Teen Leadership Program, if you have any questions please call 303.443.4474 ext. 4650 or e-mail [jessica.england@ymcabv.org](mailto:jessica.england@ymcabv.org).**

**PLEASE KEEP THIS PAGE FOR YOUR REFERENCE**



## LEADER IN TRAINING APPLICANT INFORMATION

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

Street Address/PO Box #

\_\_\_\_\_

City

State

Zip

**Home** \_\_\_\_\_ **Cell** \_\_\_\_\_

**School** \_\_\_\_\_ **Grade (as of Fall '10)** \_\_\_\_\_

**Email** \_\_\_\_\_

**Parent/Guardian** \_\_\_\_\_

**Parent/Guardian Phone (H)** \_\_\_\_\_ **(C)** \_\_\_\_\_

**Parent/Guardian Email** \_\_\_\_\_



6. What would you do or say if a peer began to show a poor attitude in the LIT Program?
7. Imagine you are working at a camp, and the kids don't know you very well. You want them to like you, and they ask you to ignore a rule they broke. What would you do or say?
8. List something that you have done that you are proud of.

My signature below verifies that I have read and comply with the LIT program requirements. I understand that I must attend all program dates, and my schedule allows for this commitment. I understand that I will volunteer at YMCA Camps during the summer, and my schedule allows for this commitment. I also verify that the written information above was provided by me alone, and is accurate and honest.

APPLICANT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**Personal interviews are a mandatory part of the application process. Upon receipt of this application, the YMCA Teen Coordinator will call you to set up an interview time. Please indicate below the days of the week and the time that you are available for and interview.**

**Monday—Times:**

**Tuesday—Times:**

**Wednesday—Times:**

**Thursday—Times:**

**Friday—Times:**

Please return the completed application and reference forms to either Boulder Valley YMCA:  
Mapleton Center \* 2850 Mapleton Ave \* 303-442-2778  
Arapahoe Center \* 2800 Dagny Way \* 303-664-5455.

**PLEASE DO NOT SEND FAXES OR ELECTRONIC COPIES**



## LEADERS IN TRAINING REFERENCE FORM

\_\_\_\_\_ is applying for acceptance in the Leaders-in-Training (LIT) program at the YMCA of Boulder Valley. The LIT program prepares participants to work in YMCA summer camps. Participants will receive an intensive two-week training which will include CPR and preventative first aid, child development, team building, group dynamics, and leading activities. Please answer the following questions to help us determine if the participant is qualified and mature enough for this role as a leader at the YMCA. (Please print as clearly as possible)

1. How long, and in what capacity, have you known the applicant?

2. Briefly describe the applicant's strengths and weaknesses.

Please rate the applicant on the following on a scale of 1-10 (1 being poor and 10 being excellent)

_____ Responsibility	_____ Honesty
_____ Respect	_____ Caring
_____ Ability to relate to children	_____ Problem solving
_____ Ability to relate to adults	_____ Leadership
_____ Role model for children	_____ Creativity

The LIT Program is selective; we are unable to accept all applicants that apply. Please make any additional comments or share any anecdotes as to why you would recommend this person for the LIT Program (please use the back of this form if necessary).

Your Name \_\_\_\_\_ Phone \_\_\_\_\_

Relationship with Candidate \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

I verify that the above information on this reference form is true



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